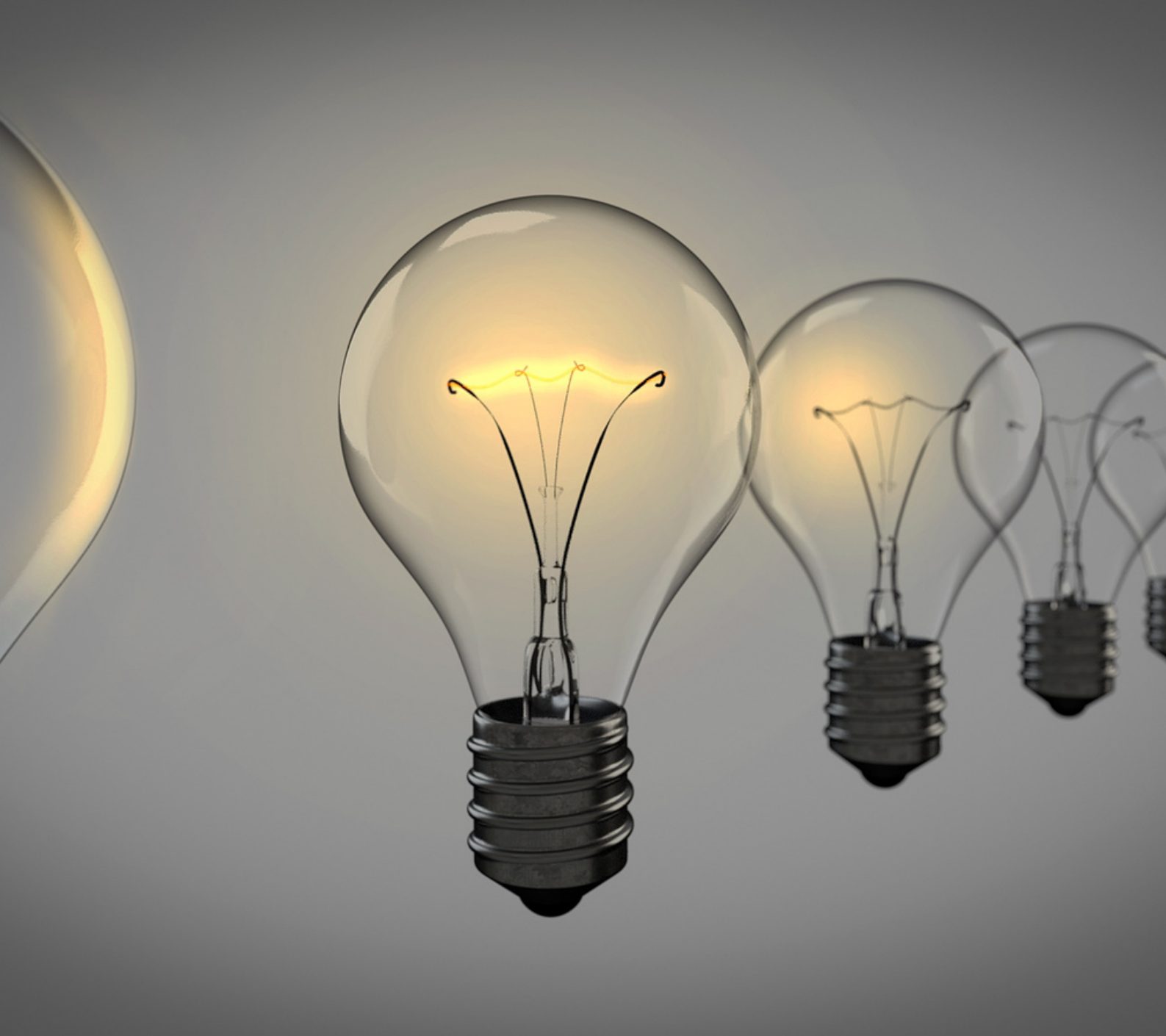


5 STEPS TO SELECT A MENTOR



Liz Del Borrello
Leadership Coach



**LEADERS
LOBBY**
ELEVATED PATHWAYS

5 STEPS TO SELECT A MENTOR



ABOUT ME

I am a certified leadership coach and a member of the International Coaching Federation. In 2022, I founded a leader networking community – Leaders Lobby Perth.

I believe that career success requires you to surround yourself with the right people. This includes mentors, champions and coaches - who can guide and support you in achieving your career aspirations.

I work 1:1 with experienced and emerging leaders to get them from where they are to where they want to be. Working with me, clients experience greater self-confidence, better work-life balance and increased productivity.

THANK YOU

Thanks for taking the time to download 5 steps to selecting a mentor. I've put this together to save you time. It may seem like a simple list, but believe me, it's the result of years of experience as a mentor and having multiple mentors across my 25 year corporate career.

One of the first questions I ask my coaching clients is: 'Who is in your professional circle?' As your circle of mentors will support and nurture your career by sharing their wisdom, time and expertise with you. The right mentors are worth their weight in gold.

I'm sharing the steps with you to save you many hours of your own time trying to work out how to get the support you need.

Cheers, Liz

Liz Del Borrello
Leadership Coach



facebook.com/groups/leaderslobby



meetup.com/leaders-lobby-perth/

Your professional circle

Members of your circle



Sponsor or champion

- Senior leader, who may or may not be inside your organisation
- Has the influence to open doors and advocate for you behind closed doors



Mentor

- Experienced practitioner
- Suggests people you should talk to, opportunities to follow and obstacles they have avoided



Coach (often paid)

- Equal partnership to maximise your professional and personal potential
- Accountability partner

5 step approach

MENTOR SELECTION



1

Decide your goals

What exactly do you want to achieve or learn from a mentor



2

Identify your needs

What do you need in order to achieve your goals? Skills, introductions, advice, support or something else?



3

Select strategies

How can you go about getting what you need? Is it regular phone calls, mirroring, monthly meetings, introductions to others, or something else?



4

Define mentor role

What role do you want a mentor to play for you? Be a supporter, advisor, challenger, friend or something different?



5

Name potential mentors

Name people who may meet your needs or who can help you identify others who can. Then go ahead and make the ask.

WANT MORE ?

Book a complimentary
30 minute
career clarity call

You're invited to join us at Leaders Lobby Perth

**Network, learn & connect with
like-minded leaders**

To keep up to date with Leaders Lobby Perth events
[join our Meetup community using this link.](#)



TESTIMONIALS



I would highly recommend Liz. Stepping up into an executive role, Liz's coaching has been an enormous support through what was a fantastic opportunity for growth and often challenging.

Your authenticity and commitment to your clients is truly above and beyond. If you aren't sure about coaching and what it could do for you, give it a go.

Thanks again Liz for all the energy, nudging and sage reflective questions over the past 6 months. You have equipped me to better know myself and what's important to me as a leader.

— Susan



I recently engaged Liz for coaching when embarking on a recent career change.

The coaching sessions allowed me the time to reflect, assess and plan the next steps toward my goal. It gave me the opportunity to sense check my goal and monitor progress at each subsequent coaching session. The sessions ensured that I remained accountable and committed to the actions agreed upon. Liz was organised, knowledgeable and supportive in all our sessions.

If you are looking for strategies to get to your next personal or professional goal don't look any further than engaging Liz to get you there.

— Susanna